# Saint Michael the Archangel

The Archangel Who Stood for God

**Ages about 7-11** | Video 4:00 | Group lesson about 25-35 minutes

**Central truth** Michael serves God with courage and humility. The Church asks his help while worshiping God alone. Our own faithful choices can be calm and peaceful.

**Learning goals** Children will explain the meaning of Michael's name, identify the source of his strength, and choose a peaceful response to an everyday temptation.

**Gather** Video access, one handout per child, pencils or crayons, and a Bible.

**Watch online** Open this video on Servus Dei

### Before watching | 2 minutes

Ask: Is courage the same as showing off your strength? Introduce Michael's name, 'Who is like God?' Invite children to notice whom Michael trusts.

### Watch and notice

Watch the whole story. Near the final prayer, listen for the words 'by the power of God.' Ask how those words connect with Michael refusing to claim power for himself.

### Talk together | 6-8 minutes

**1. What does Michael's name ask us to remember?**
No one is equal to God. Michael is a creature who serves the Creator, not another god.

**2. Whose power does Michael rely on?**
God's power. In the story he calls on the Lord rather than boasting about himself.

**3. Why do Catholics ask Saint Michael for help?**
He serves God and defends God's people. Asking for his help is different from worship; we worship God alone.

**4. What might standing with God look like in a classroom?**
Telling the truth, refusing to join cruelty, making peace, or asking a trusted adult for help. It does not mean treating classmates as enemies.

**Then respond and pray** Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

# Lead the response

Saint Michael the Archangel

**Short family lesson** Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

### Choose a handout

**Draw & Tell** Children draw an everyday choice that needs courage and a person who can help them choose well. The activity stays grounded in ordinary, peaceful actions.

**Read & Write** Children explain the name, identify a phrase from the prayer, and plan a truthful response to a small mistake. Avoid treating fear as failure.

### Adapt by readiness

Ages 7-8: repeat 'God is greater, and I can ask for help.' Offer a simple example such as telling an adult about an accidental spill.

Ages 9-11: distinguish humility from having no courage. Ask why trusting God includes seeking help and making responsible choices.

### Pause, pray, choose | Optional 4 minutes

Read: you accidentally break a pencil and feel tempted to blame someone else. Practice three steps: pause, ask God for courage, and choose a truthful, repairing action. Children can describe the steps without acting a part.

**Look for understanding** Listen for God as the source of strength, worship directed to God alone, and a peaceful choice that includes responsibility for one's actions.

**Closing prayer** God, help us choose what is good with humble, brave hearts. Saint Michael the Archangel, pray for us and help us stand with God. Amen.

**At home** Say a short prayer together before a difficult task. Talk about one person you can ask for support and one good next step.

**Handout answer notes** God has no equal; Michael serves him. The prayer names God as the source of power. Accept truthful admission, asking for help, and an appropriate attempt to repair harm.

### Teach with care

Preview the dragon and conflict imagery for sensitive children. Explain that pictures help tell about spiritual realities; this is not a guide to fighting other people. The film combines Scripture, tradition, and dramatized speech; Revelation's imagery should not become a precise timetable. Angels are not people who have died. Do not stage battles, label people as demons, or promise that prayer prevents every frightening event.

**Words to explain** Angel: a spiritual creature made by God to serve him. Archangel: a title Scripture gives Michael. Temptation: an invitation to choose what is wrong; being tempted is not itself a sin.

### Sources for the leader

Michael in Scripture: Revelation 12:7-12

Trusting the Lord: Jude 9

What angels are: Catechism of the Catholic Church, 328-336

# A brave choice today

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Michael reminds us to trust God, not show off.

Name _____

**Adult helper** Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

### 1 Draw yourself choosing what is right in an ordinary moment.

### 2 Draw someone who can help you make a good choice.

**Tell** How can you be brave without hurting anyone?

**Pray** God, give me courage to choose what is good. Amen.

**At home** Share your picture and one thing you learned about God or following Jesus.

# Strength that serves God

Saint Michael the Archangel

Think about Michael's humility and your own choices.

Name _____

### 1 Explain the name

What does 'Who is like God?' help us remember?

*Michael's name reminds us ...*

### 2 Listen to the prayer

Why are the words 'by the power of God' important?

*Michael depends on ...*

### 3 Choose honestly

You make a mistake and want to blame someone else. What could you do?

*A truthful next step is ...*

**Pray** God, give me courage to choose what is good. Amen.

**Go deeper** Why can asking for help show courage rather than weakness?